



RHINITE ALLERGIQUE

RHINITE ALLERGIQUE (RA)

Introduction

Inflammation

Diagnostic

Traitement

Conclusion

?

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« Expression clinique nasale
d'une réaction inflammatoire
lié au contact muqueuse-allergène
chez un patient sensibilisé »

RHINITE ALLERGIQUE (RA)

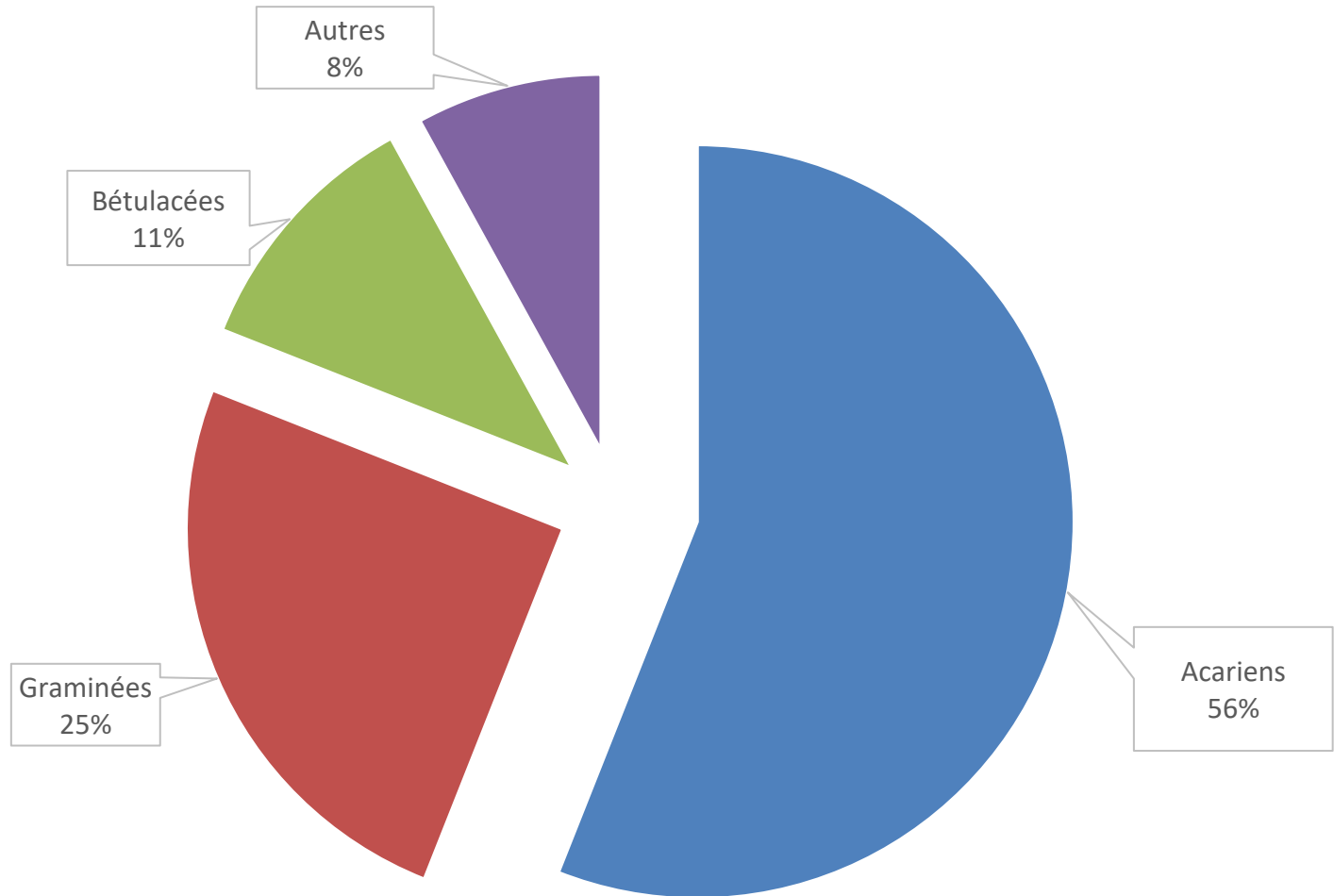
Introduction

Inflammation

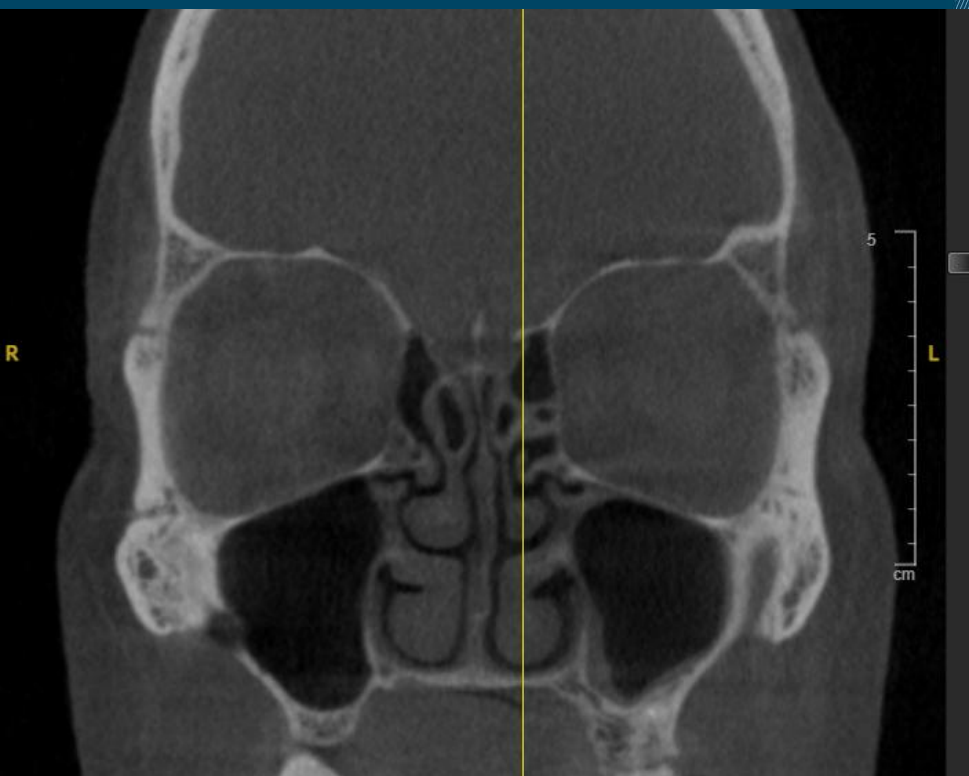
Diagnostic

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**Miguères, 2011*











DANH, EMILIE, , Sex: F
DOB: 30-11-1992 , Age: 32y
Patient ID: 3048632
ACC: GHLS245617959
CORONAL
[Se: 3731](#) , [Im: 210/575](#)

H

ACTUEL
Institution: HCL - LYON SUD
[Study Date: 09-01-2025](#)
Study Time: 14:08:16

R



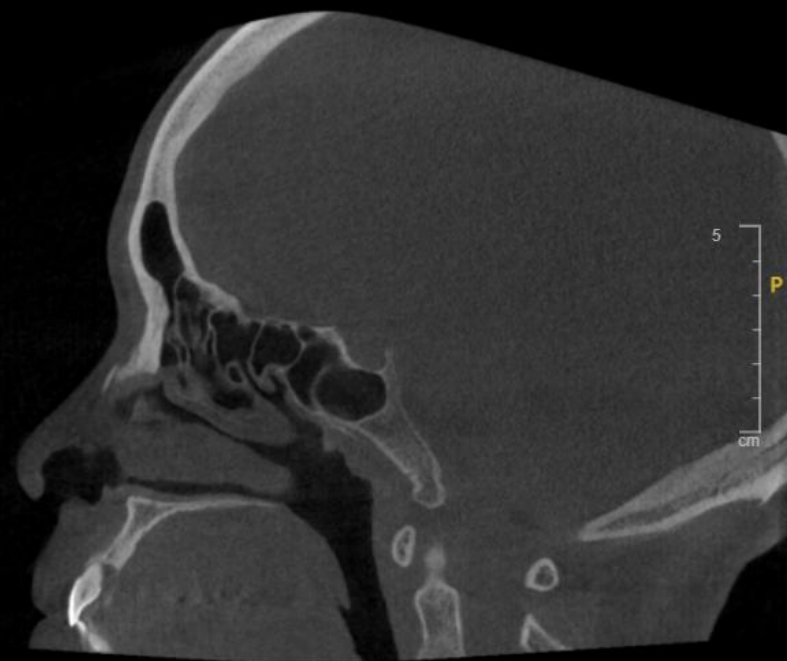
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ACC: GHLS245617959
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[Study Date: 09-01-2025](#)
Study Time: 14:08:16

A



5

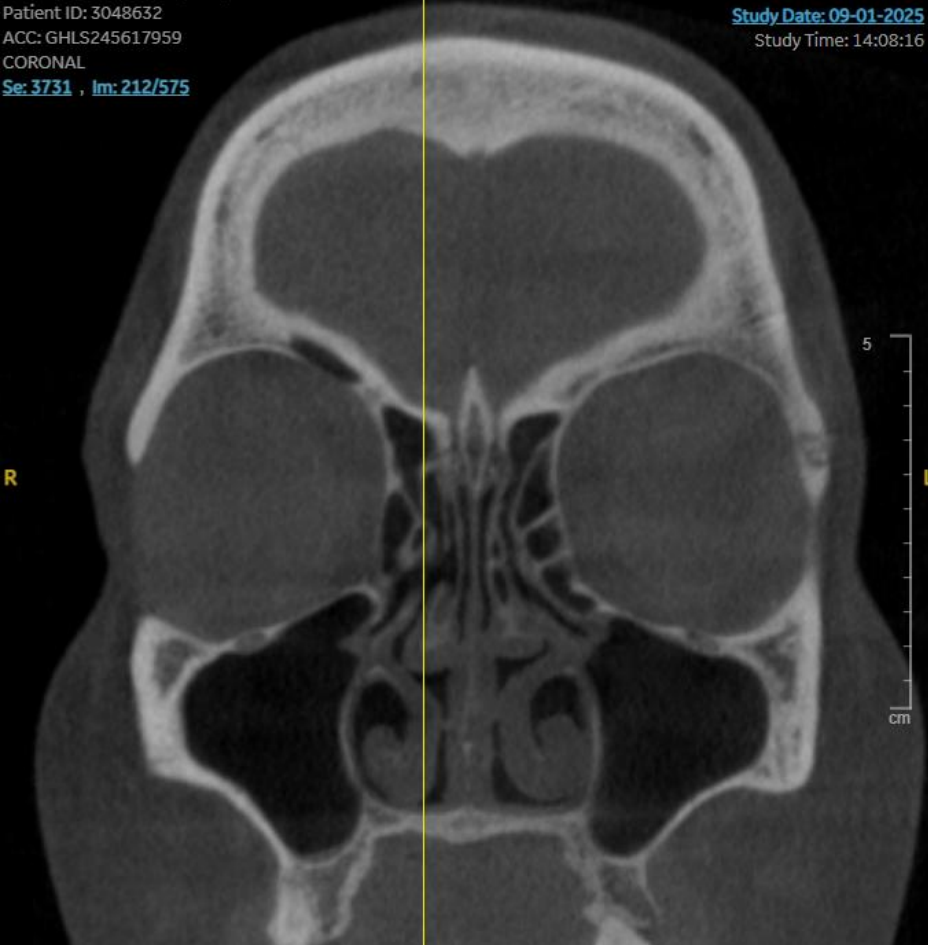
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CORONAL
[Se: 3731](#) , [Im: 212/575](#)

H

ACTUEL

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[Study Date: 09-01-2025](#)
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5

cm

L

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SAGITTAL
[Se: 3731](#) , [Im: 294/575](#)

H

ACTUEL

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Study Time: 14:08:16



5

cm

P

DIAGNOSTIC POSITIF DE RHINITE ALLERGIQUE

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- Histoire clinique
- Examen physique
- AUCUN examen d'imagerie
- Tests IgE spécifiques*

*Seidman, 2015

TEST DE PROVOCATION NASAL

But : Recherche d'une allergie professionnelle

Méthode : Rhino manométrie postérieure

(2cmH₂O; 4cmH₂O); 15 min après dépôt de l'allergène

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	Binasal	FN droite	FN gauche
Résistance	cmH ₂ O(L/s)	cmH ₂ O(L/s)	cmH ₂ O(L/s)
Base	3.1	8.5	5.3
Diluant	6.2	18.1	4.6
10mg Farine	16.8	50.0	15.4

TPN ⊕ si augmentation R. binasale >150% vs le diluant

RHINOMANOMETRIE POSTERIEURE

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**M. Fieux, 2018*

TRAITEMENT MEDICAL DE LA RA

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- Eviction de l'allergène*
- Traitements symptomatiques*

Anti-H1 orale
 ± **CTC par voie nasale**
 ± CTC orale ou ITA
 ± VC locale en tt court
 ± Ipratropium nasal ou ITA

1^{ère} G. Atarax®
 Actifed®

2^{ème} G. Zyrtec®
 Aerius®
 Bilaska®

Nasale Allergodil®
 Dymista®

*Mortuaire, 2017; †Shamji, 2011; ‡HAS, 2016

TRAITEMENT MEDICAL DE LA RA

Introduction

- Eviction de l'allergène*

Inflammation

- Traitements symptomatiques*

Diagnostic

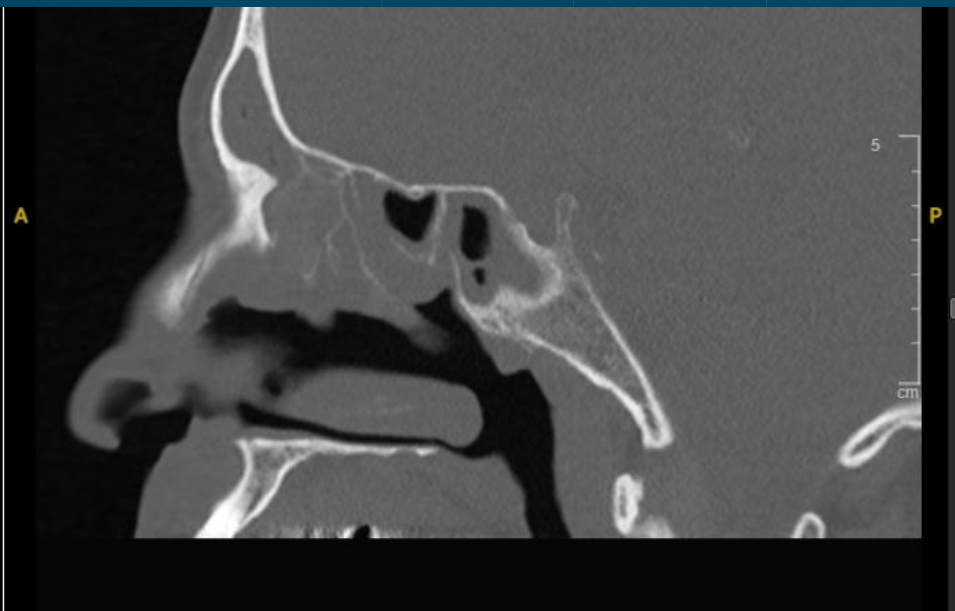
- Immunothérapie spécifique allergique (ITA)[†]

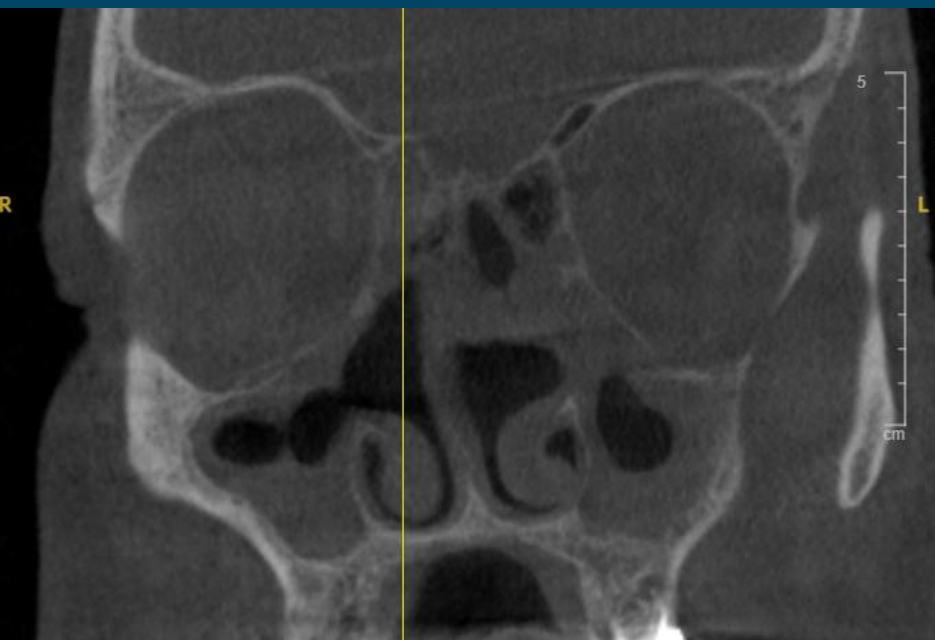
Traitement

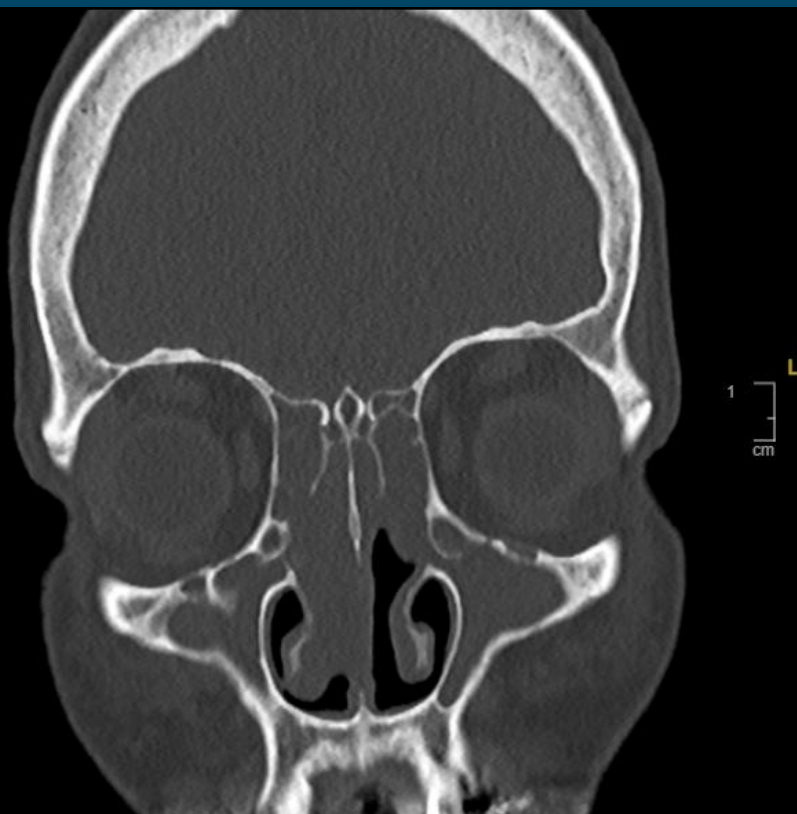
- Traitement chirurgicale ?

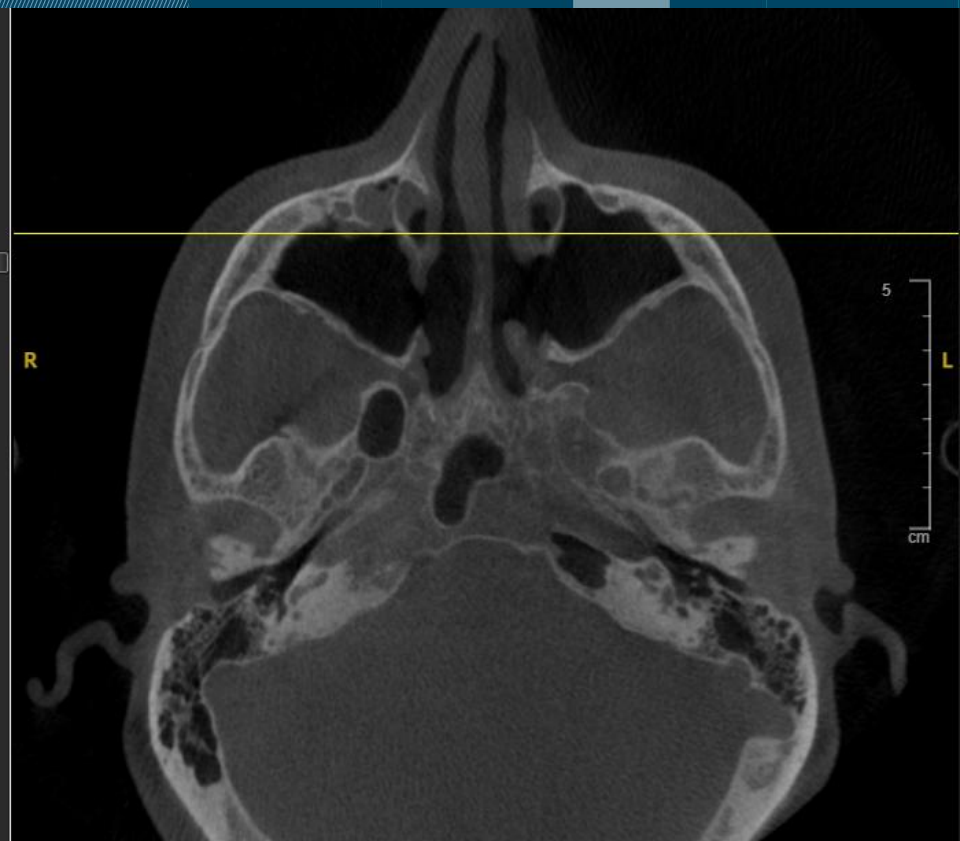
Conclusion

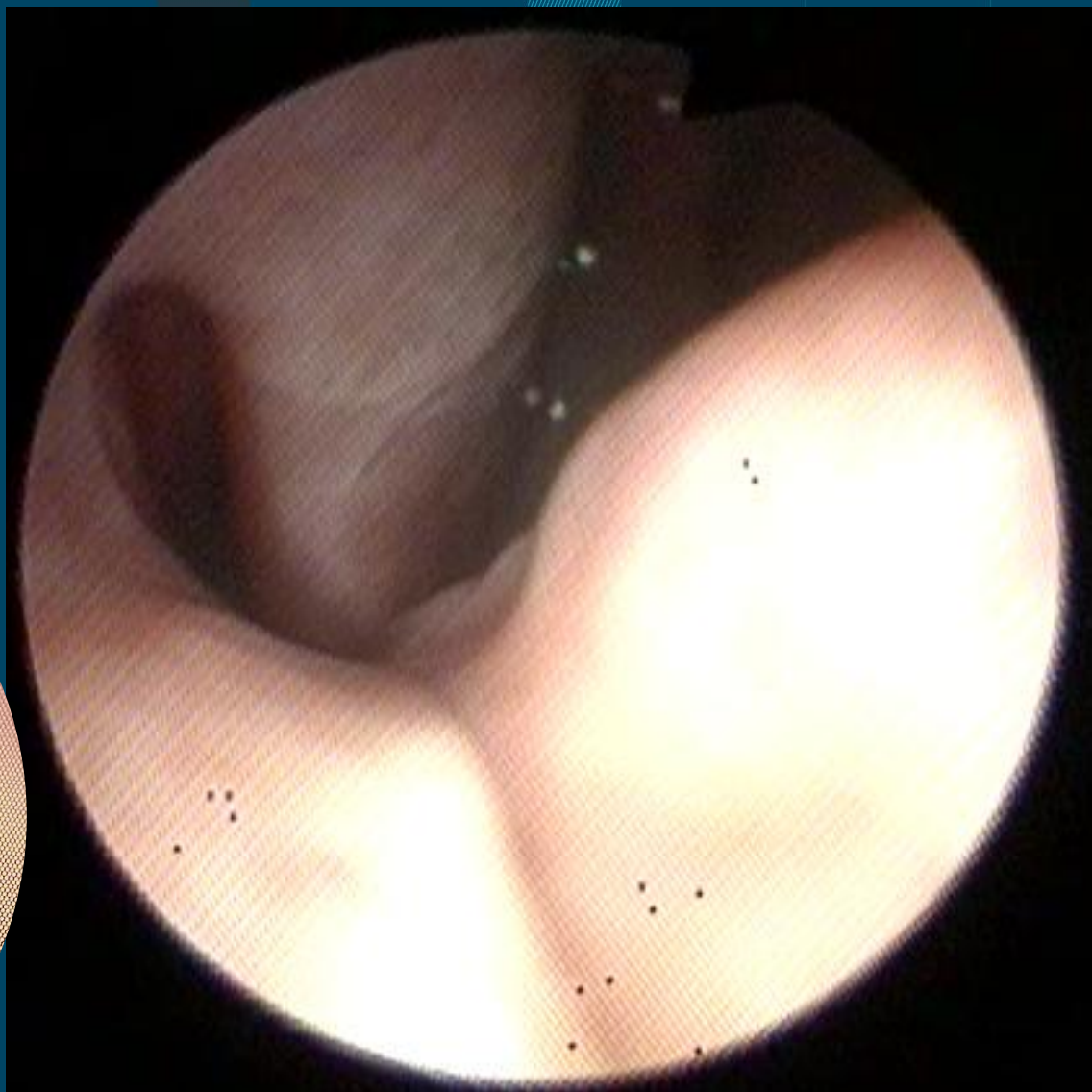
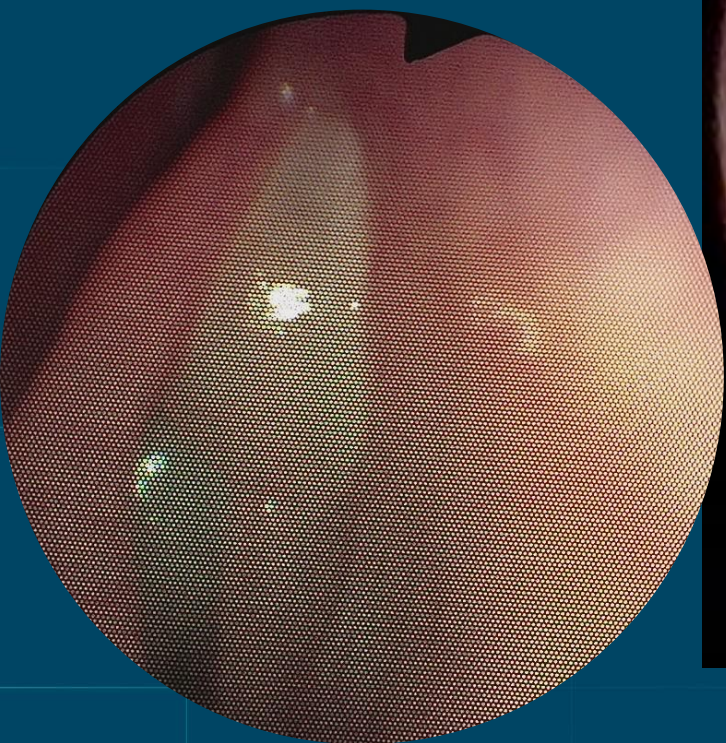
*Mortuaire, 2017; [†]Shamji, 2011

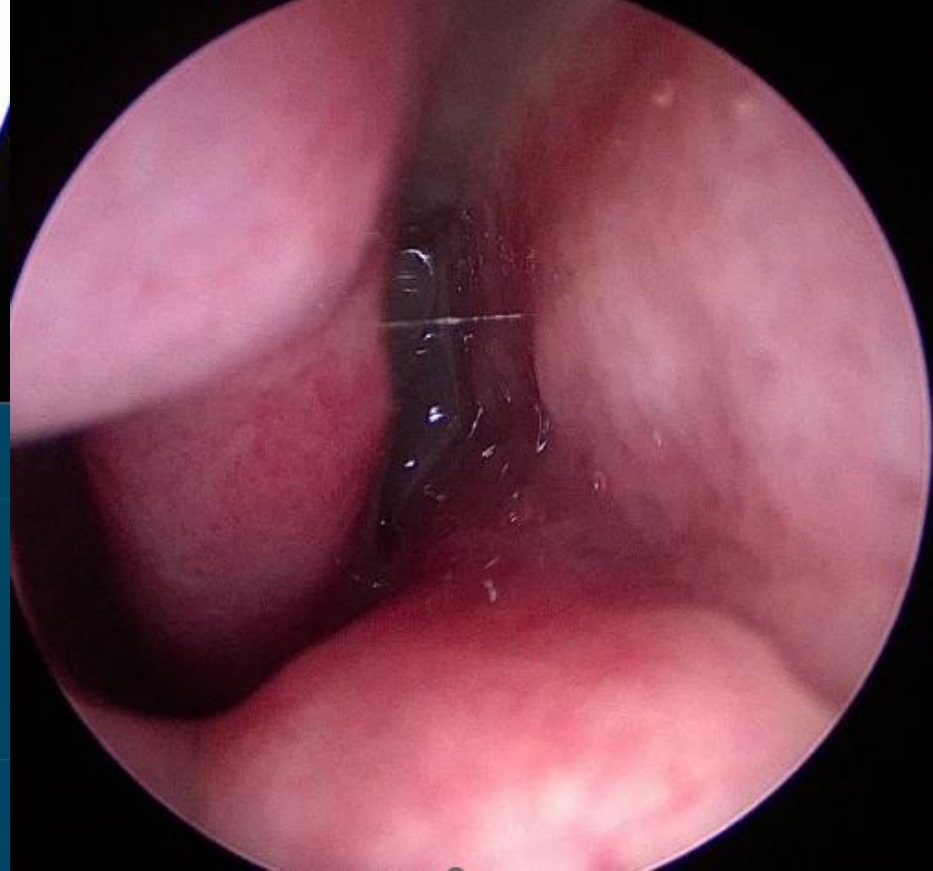
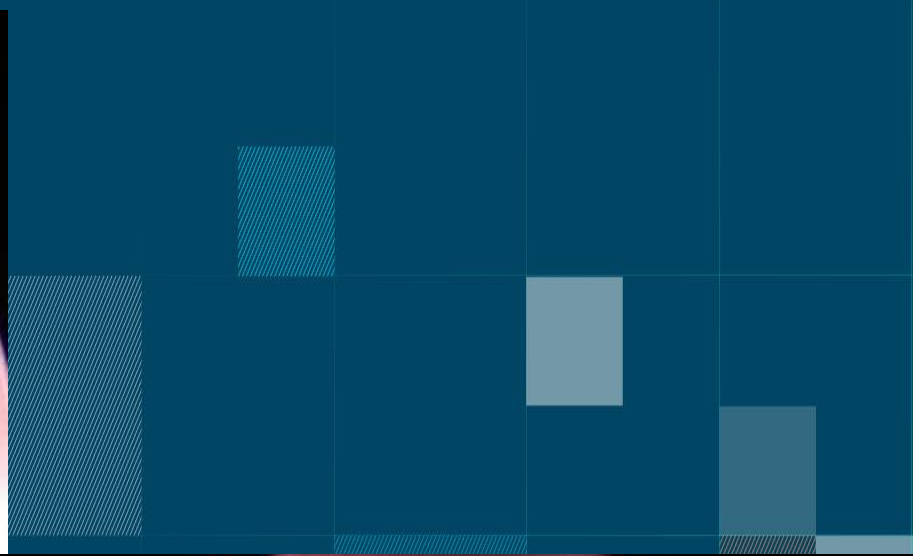
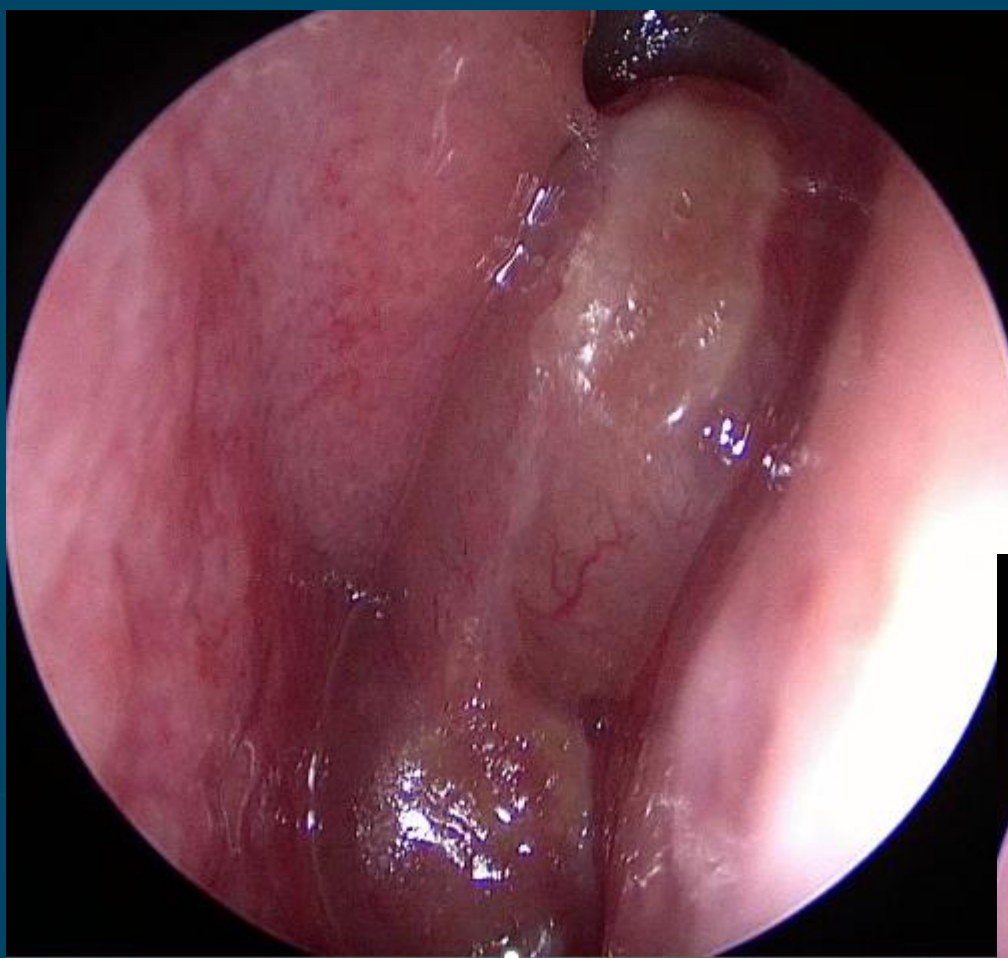












Merci de votre attention

Dr. Maxime Fieux

Centre Hospitalier Lyon Sud, Service d'ORL

maxime.fieux@chu-lyon.fr

